



## **Minot Park District South Beach 4 on 4 Girls Volleyball League**

**Dates:** Monday, June 14 - Wednesday, August 4

**Location:** South Hill Complex - 600 16<sup>th</sup> Ave SE

**Entry Fee:** \$90/team

**Deadline:** All money must be paid online and rosters must be turned in to the Minot Park District office by 12:00pm on Wednesday, June 2. (You can register your team online or in the office, but must still either email or turn in a roster to the Recreation Office.)

**Divisions:** \*\*Grades are for the 2021-22 school year.\*\*

Grades 10-12 - Monday evenings

Grades 7-9 - Wednesday evenings

- If necessary, teams will be divided into multiple leagues within the divisions.

Teams must have at least 5 players on their roster to enter the league. No team will be allowed to play with less than 3 players at any time. Games will be forfeits. Team members do not have to be from the same school.

Teams will referee their own matches. You will be scheduled to referee and play at least one match (could be multiple) per night. Please bring your own whistles.

Schedules will be posted on [teamsideline.com/minot](https://teamsideline.com/minot). Any cancellations due to weather will be on our weather hotline - 852-0820.

Any questions or to email your roster contact Ann Nesheim at the Minot Park District office at 857-4136 or [ann@minotparks.com](mailto:ann@minotparks.com).

**Minot Park District  
South Beach 4 on 4 Girls Volleyball**

## League Rules

1. Matches will consist of 3 games to 21. We will use the Rally Point method of scoring. There will be a cap of 23 on each game. Teams will play all three games no matter what. League standings will count all three games equally.
2. Teams will be scheduled to referee for other matches in their league. When you are scheduled to ref, you must provide two people to help with calls and lines. Please bring your own whistles!
3. Teams must have at least 3 people present and ready to play at their scheduled time. Game time will be forfeit time for the first set to 21. You will then get 15 minutes before the 2<sup>nd</sup> and 3<sup>rd</sup> set are forfeits. If your team forfeits more than two matches during the season, you could be subject to removal from the league.
4. Players may play on ONE team only. There will be no substituting from team to team.
5. Each team will be allowed 2 thirty second time outs per game.
6. PLAY:
  - There will be no designated positions on the court. All players may block and attack. Serve receive can be done in any formation.
  - Serving order must be established before starting each game. This serving order must remain the same throughout each game. This order may change at the start of a new game. You may serve from anywhere on the end line. The ball may hit the net on the serve.
  - Players may not block or attack the serve.
  - Substitutions may be made on any dead ball. There is no limit on number of substitutions. Just remember, you must keep the same serving order for all players throughout each game.
  - If a ball touches any part of the boundary line, it is considered good and in bounds.
  - Players may touch the lower part of the net during play, as long as it doesn't interfere with play. A player may not touch the top white tape at any time during play.
  - Players may step over the center line, as long as it doesn't interfere with play.
  - The ball may touch any part of the body, provided the contact is clean and the ball does not come to rest.
7. Please respect each other on and off the court. No one will be perfect on calls. There will be a supervisor present at all times during league play. If you have any disputes or questions, please find the supervisor. Any decision by the supervisor will be final!
8. Have fun!!!



## South Beach 4 on 4 Volleyball League Roster

Division (Circle One):

Grades 7-9

Grades 10-12

Name of Team \_\_\_\_\_

Team Captain \_\_\_\_\_

Captain's Phone # \_\_\_\_\_  
have) \_\_\_\_\_

Captain's E-mail (\*must

Players Name	Address	Phone #	Age	Grade
1.				
2.				
3.				
4.				
5.				
6.				

I hereby agree to conduct this team in the best manner of play and good sportsmanship!

\_\_\_\_\_  
Captain's Signature