

Please read this Waiver and Release of Claims form carefully and be aware that by volunteering yourself or your group for participation in the Adopt-A-Trail program, you will be waiving and releasing all claims for injuries you and/or your group might sustain arising out of any and all activities associated with the program.

By enrolling in the above Minot Parks Adopt-A-Trail program, and/or by participating in the activities associated with the program, I individually, and on behalf of my group, agree to the following:

I recognize and acknowledge that when participating in Minot Parks & Recreation events, activities, and programs that there are certain risks of physical injury to participants.

I, individually and on behalf of my group, agree to assume full responsibility of the injuries, damages, and losses that I individually, or that my group may incur regardless of its severity while participating in any activities associated with the Minot Parks & Recreation events, activities, or program.

I waive and relinquish all claims that I, my group, or my insurer may have against the Minot Park District, its officers, agents, employees, and volunteers from any and all claims from injuries, damages, or losses which I or my group may have, or which may accrue to us on account of our participation in any activities associated with the events, activities, or program. I HAVE READ AND FULLY UNDERSTAND THE ABOVE DETAILS AND WAIVER AND RELEASE OF ALL CLAIMS.

I understand by agreeing to this statement, I am accepting the terms of the above waiver.

X

Sponsor Representative

X

Date

X

Title

X

Organization

